

We are looking to improve the quality of our child and adolescent mental health services (CAMHS) by working in partnership with parents and carers of the young people we support.

Initial discussions with parents and carers have identified:

- improved SMS text messages, and
- development of a welcome pack for parents and carers as areas they believe will make a real difference.

Meetings are currently held online at 6pm on the last Wednesday of the month. Our next meeting is: **Wednesday 31st March at 6pm.**

For more information, or to be sent a link for the meeting, please contact: Dennis Dewar tel (01925) 664850, email dennis.dewar@nwbh.nhs.uk or

Bernadette Millington tel (01925) 664057, email Bernadette.millington@nwbh.nhs.uk

Please feel free to share this with any parents or carers of young people using CAMHS you are aware of.

Future meetings are planned for :

Wednesday 28th April at 6pm

Wednesday 26th May at 6pm

Wednesday 30th June at 6pm