

Training for family carers - Identifying early signs of worsening health in a person with a learning disability

This is part of the national LeDeR programme initiative to train 5,000 in the use of RESTORE2 mini, but these particular sessions are aimed at family carers. If you could find a way to circulate to your carers/carers networks it would be much appreciated. The tool can be used for anyone over 16 so it would be great if it could be advertised across children's networks.

Identifying early signs of worsening health in a person with a learning disability – specific training for family carers

The NHS England and NHS Improvement Learning Disability and Autism Programme is inviting family carers to take part in a workshop. Attending the workshop will help you to be able to identify when the person you care for is becoming more unwell (deteriorating health) and how to tell a health professional about that. The workshop is free and only for parents with children over the age of 16.

RESTORE2™ mini is an award-winning tool specifically designed for carers to help you to identify soft signs that someone you care for may be unwell and what you should do next. This version of Restore2min™ has been specially adapted for people caring for those with a learning disability.

We are inviting family carers to take part in this important one off 90minute training session which will help you to identify soft signs of deterioration and then seek the right help at the right time.

What you'll learn

- how to identify soft signs of deterioration
- how to use a simple communication tool (SBARD) to communicate effectively with healthcare professionals so you can get the help you need at the right time

How long is the training?

The training takes about 90 minutes

When is the training?

We are offering the training every working day until Friday 31st March 2021 at different times in the day. There are over 30 sessions for you to choose from.

The link below will direct you to the NHS England and NHS Improvement events page where you will be able to select your preferred day and time. There are limited places for each training slot, so please register early to make sure you get the date and time you want.

[Please click this link to register your place on the training.](#)