

WIRED Adult and Young Carers Service Warrington

We provide the following **free** services

- Advice, information and support if you, or the person you care for are admitted into hospital
- Emotional support—the opportunity to have a confidential face-to-face, telephone or online meeting with one of our carer support workers
- Help to find out what other support is out there for you
- Signposting and referral service
- GP Liaison Service
- Hospital Discharge Service
- **Free** Counselling Service
- **Free** Emergency Card. A 24-hour, 365 days a year, rapid response messaging service for carers.
- Quarterly Newsletter
- Drop in/support groups
- Training, complementary therapies and trips. (There may be a small contribution towards some activities)
- A Young Carers Service



WIRED Adult and Young Carers Services Warrington

85-101 Sankey Street
Warrington
WA1 1SR

HOSPITAL DISCHARGE AND GP LIAISON SERVICE

Telephone
01925 633492

Website
www.WIRED.me.uk

Facebook
Warrington Carers Service

WARRINGTON
Borough Council



NHS
Warrington
Clinical Commissioning Group

Do you look after a relative, child, partner, friend or neighbour who needs help because they are ill, are frail, have dementia, a mental health condition, an addiction, a disability or are elderly?

If have you have answered “Yes” to any of the above, then you may be a Carer.

To talk to a Support Worker about our Hospital Discharge and GP Liaison Service, please telephone **Anna Zammit** or **Helen Parry** on **01925 633492**

WIRED is an independent charity, offering confidential, emotional support and advice to both young and adult carers.

Carers often do not see themselves as a carer, simply as a loving relative or friend.

Caring can be very rewarding, but it can often be physically and mentally demanding and can lead to isolation and financial difficulties.

A trip to the hospital, especially unexpected, can be overwhelming for you and your family. As you and the medical team focus on treatment while in hospital, you may not be thinking about what happens when it's time to go home.

It can be a distressing time when someone is being discharged from hospital, especially if you are the carer.

- Are you worried about how you will cope?
- Do you have questions about the hospital discharge procedure or any follow-up GP or other medical appointments?
- Do you have any other issues you would like to talk to us about?
- Do you sometimes feel as though you are not being listened to?
- Would you like to speak with an independent Carer Support Worker?

GP Liaison and Hospital Discharge Services

We can support you by advocating at meetings, e.g. hospital discharge, also support with GP and other medical appointments so that your voice is heard and that you get the best outcome.

Our service provides palliative and end of life support as well as confidential emotional support on a one-to-one basis, which includes telephone support.

We carry out home visits and will support you with visits to nursing homes as appropriate.

Make referrals on your behalf to our partner agencies, e.g. Social Care for a Carer's Assessment, Citizens Advice Bureau for a financial assessment, Dementia Friends, British Red Cross, support with a Continuing Health Care Assessment. This list is not exhaustive; we will also signpost to other appropriate organisations to meet your needs.

Internally, **WIRED** provides a **free** Counselling service, referrals to a **WIRED** Support Worker, and Drop-In.

WIRED in the Community Drop-In Sessions

Lymm Youth and Community Centre
Every Tuesday
1 to 3pm

Fearnhead Community Centre
Every Thursday
10am to 12 noon

Working Carers
First Tuesday evening
of the month
Via ZOOM
6.30 to 8.30pm

Warrington Hospital & Hollins Park
Carer Groups
COMING SHORTLY



For more information, please telephone **WIRED** on **01925 633492** or email us at **wcsadmin1@wired.me.uk**

Alternatively, you can begin the registration process by completing the form below and returning it to **Wired Carers Services, The Gateway, 85-101 Sankey Street, Warrington, WA1 1SR**

Title	
First Name	
Surname	
Address	
Post Code	
Home No.	
Mobile No.	
Email	
Signature	

Please tick the box to consent to us holding this information on our database in accordance with the Data Protection Act 1998.

Please tell us from where you got this leaflet.