



Carers do not always see themselves as a carer, simply as a loving relative or friend.

Caring can be very rewarding, but also physically and mentally demanding and can lead to isolation and financial difficulties.

It can be a distressing time when someone is coming out of hospital. Especially if you are going to be caring for them.

Do you have questions about what will happen during the hospital discharge procedure?

Are you worried about how you will cope?

Do you feel as though you are not being listened to?

Warrington Carers Centre provides the following FREE services:

- Advice, information and support if you are caring for a person who is in hospital.
- Or if you are in hospital yourself and are concerned about the person you care for at home.
- Help to find out what other support is out there for you.
- Signposting & referral service.
- G.P Liaison service. How to get the best out of your G.P appointment.
- Counselling service
- Emergency Card. A 24 hour a day, 365 days a year rapid response messaging service for carers.
- Newsletters
- Drop in/support groups
- Complementary therapies
- Trips

WIRED are an independent charity, offering confidential, non judgemental support & advice to both young & adult carers.



HOSPITAL CARERS CAFÉ

Our Carers Cafes are a great source of information and support.

Free tea or coffee and free parking.
Every 1st Tuesday of the month
2pm—4pm.

Warrington Hospital
main entrance restaurant.

We also have carers drop-ins at
Fearnhead, Lymm
and an evening drop-in at
The Carers Centre.

WIRED Carers Centre is based at:
86 Sankey Street, Warrington
WA1 1SG

Tel: 01925 633492
Open 9am to 5pm
Monday to Friday.

To begin the registration process, please fill in, detach and return this form to:

Wired Adult Carers Services
86 Sankey Street, WA1 1SG

Title:	
First Name:	
Surname:	
Address:	
Postcode:	
Home No:	
Mobile:	
Email:	
Please tick the box to consent to us holding this information on our database. <input type="checkbox"/>	
Where did you get this leaflet from ?	

01925 633492
www.wired.me.uk
wcsadmin1@wired.me.uk



Hospital Discharge Support for families and Carers

We support families/carers.
Listen to your concerns.
Liaise with hospital staff on your behalf. Support you during hospital discharge meetings.

We can also support you with your caring role in the community.

If you would like to meet or have a chat over the phone please call:
Julie Howson

Tel: **01925 633492**
Mobile: **07841 203 134**
or

Email: julie.howson@wired.me.uk
Website: www.wired.me.uk



**WARRINGTON CARERS
CENTRE**

Hospital Discharge Support & Advice for Families/Carers



Do you look after a relative, child, partner, friend or neighbour who needs help due to: illness, dementia, frailty, mental health, addiction, disability or age?
If so,
then you are a carer.

WARRINGTON
Borough Council 


Warrington
Clinical Commissioning Group