

# Wired Adult Carer Services Calendar of Virtual Events

**If you would like to attend any of these session, please let us know on 01925 633492 or email [wcsadmin1@wired.me.uk](mailto:wcsadmin1@wired.me.uk), just in case of any cancellations we can let you know—thanks**

Date/Time	Virtual Event Information	Zoom Access
<b>Tuesday 23 February 2021</b> <b>10.30am-12noon</b>	<b>ADULT SOCIAL CARE INFORMATION AND ADVICE</b> presented by Sarah Branwood, Warrington Borough Council Carer Support Worker.  'This session is for you as carer's to ask any Adult Social Care related questions relating to you as a carer, and the person that you care for. If you want to bring anything to the session I will do my best to answer your questions on the day but if I am unable to I will endeavour to get the information you need as soon as possible after the session. This session can also be used to come up with some creative ideas for supporting you as carer's during this ongoing pandemic, such as how a carer's Direct Payment could be used in an alternative way or what support would be beneficial for the person you care for whilst day care services and community groups are limited.	Zoom: ID 841 118 2957 Passcode 739326
<b>Tuesday 2 March 2021</b> <b>Tuesday 6 April 2021</b> <b>Tuesday 4 May 2021</b>  <b>6.30-8.30pm</b>	<b>CARERS EVENING SUPPORT GROUP</b> The Evening Support Group is a space to support carers to take some 'me time'. It provides the opportunity to chat, get support and even have a laugh with other carers from the comfort of wherever you are. The Evening Support group is perfect for you if: <ul style="list-style-type: none"><li>• You are feeling lonely or isolated</li><li>• You want to move yourself up on your list of priorities</li><li>• You want to hear how others cope with caring</li></ul> The first session on Tuesday 2 March 2021 includes a talk by Clare from Healthwatch called Virtual Voices. There will be other talks during the following sessions.	Zoom: ID 841 118 2957 Passcode 739326

**Thursday 18 March 2021**  
**Thursday 15 April 2021\*\***  
**Thursday 13 May 2021**

**10am—12noon**

**Thursday 11 March 2021**  
**Thursday 8 April 2021**  
**Thursday 13 May 2021**

**10am—12noon**

### **TEA BREAKS @ 10am**

Make yourself a brew and join us at 10am for a chat and a catch up.

*\*\*The **Tea break @ 10am session on Thursday 15 April** will include a talk by NatWest Community banker; Natalie White, on **Fraud and Scams including the coronavirus scam** –please join and help keep yourself and your loved ones safe from fraudsters.*

### **DEMENTIA CARER SUPPORT GROUP**

These sessions are split primarily into a factual part, learning some of the facts, the different types of dementia, what happens to the person and how this can impact on the wider family and include speakers from other agencies. The second part is more about coping strategies and will very much focus on techniques that have been found to work and draw on the experience of members of the group. The sessions are friendly, relaxed and positive, and seek to help people live well with dementia, be they a person who is experiencing it or those who love them.

*Talk on Thursday 11 March from Lifetime during the session.*

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