

Wirral Carers Health and Wellbeing Service

Do you live in Wirral and provide unpaid care for someone who needs help because of their illness, frailty, disability, a mental health problem or an addiction and cannot cope without your support?

If the answer is yes then call 0151 670 0777, email cws@wired.me.uk or text the word CARER to 87007 and a member of the Carers Health and Wellbeing team will discuss how we can support you with your caring role.



The Carers Health and Wellbeing Service provides...

Carers telephone helpline

Connection with local services and support

Carers emergency contact service

Carers counselling service

Carers training & information sessions

Carers peer support groups

Emotional support and advice

Carers social activities and events

Carers grant & leisure pass

Dementia carer support

Support for working carers

Carers assessment support